

**When:** January 19-21, 2008, (Martin Luther King Weekend); Saturday at 2:00 through Monday at 11:00; Notre Dame Spiritual Center, Alfred, ME

**Cost:** The cost for the retreat is \$95. Financial assistance is available. Please ask when you register. For more information and an application, check out [www.diomaine.org/youth/documents/RUACH\\_RETREAT.pdf](http://www.diomaine.org/youth/documents/RUACH_RETREAT.pdf). Please try to register by 12/31.

*If you feel called, please send a “Thinking of You” note or card* to our former parishioner who, alone, is presently residing at the Hyder Family Hospice House for his end of life journey. This would probably be best done *sooner* rather than *later*. Our showing love and concern, as members of his *Christian family* could certainly help him in his journey. Bruce has lived a life full of faith and continues, knowing that God is with him. Our “present” to him could be a “presence” in our written messages. It would be wonderful if he could receive a flood of cards filled with our *love* and *prayers*.

Mr. Bruce Johnston  
c/o Hyder Family Hospice House  
285 County Farm Rd.  
Dover, NH 03820

### **Schedule for St. George’s This Week**

**Sunday:** 10:00 a.m. - Jesus & Joe  
12:00 p.m. - Annual Meeting to review year 2007  
2:00 p.m. - N.O. mission trip meeting  
4:00 p.m. - N.O. mission trip potluck

**Tuesday:** 6:30 p.m. - I Will With God’s Help

**Wednesday:** 12 noon - **Deadline:** *January 20 bulletin & Dragon News*

**Thursday:** 10:00 a.m. - Holy Eucharist with optional healing  
7:00 p.m. - Parish Choir rehearsal

**Saturday:** 5:00 p.m. - U2charist

### ***Serving the Southern Maine Seacoast Region***

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The Rev. Paige M. Blair, *Rector*; The Rev. Steven Godfrey, *Associate Rector*  
The Rev. Sudie Blanchard, *Deacon*; The Rev. Aaron Perkins, *Deacon*  
Kathy Fink, *Music Director/Organist*; Lorrie Whittaker, *Parish Administrator*



Dragon News  
Weekly Notices  
Week of January 13, 2008

## **EVENTS, DATES & ACTIVITIES**

**Annual Meeting.** The annual meeting to review year 2007 will take place at noon on Sunday, January 13, 2008. All are welcome and encouraged to attend. Come see how your church leaders are chosen and cast your vote.

**The Godly Play and Godly Time story for January 13** will be about Holy Baptism (we do have a baptism happening at the 9:00 service on January 13).

**Newsletter deadline.** If you wish to place an article in the February issue of *Dragon Tales*, please email it to the parish administrator by Tuesday, January 15, at 5:00 p.m., to [office@stgeorges-yorkharbor.org](mailto:office@stgeorges-yorkharbor.org).

**U2charist on Saturday, January 19, 5:00 p.m.** Celebrate MLK weekend with a U2charist at St. George’s. Potluck afterward—please bring something yummy. Sign up in the parish hall or contact Nancy Merrill 351-1017 or Lauren Segalla 363-8642. Come and celebrate this wonderful service!

**Divorce/Separation Support Group Forming.** A number of families at St. George’s are currently living with separation, divorce and “mixed” families, and with the many spiritual, practical and emotional issues that arise from these difficult events. Many of them do not realize that there are a lot of others in basically the same boat! In the Episcopal Church we recognize that separation and divorce are sometimes necessary and that remarriage can and should happen healthfully and we seek to find ways to support one another on these difficult journeys. We are hoping to form a support group for adults wrestling with these issues and who have worked through them in the past, to provide a safe place to share how living with separation or divorce or in a nontraditional family affects spiritual life for adults, youth and children, and to support one another in facing new challenges. The group will ideally meet once a month, the 4th Wednesday of each month, beginning on January 23, 6:30-8:00 pm. This will be a spiritual and practical support group, not a therapy group, although the group might be able to help individuals connect with therapy resources if needed. Steve+ will

facilitate the group, with support from a parishioner who both has experience with divorce, remarriage and mixing families and is a professional psychologist, and can help us stay focused on the spiritual and practical. If you are interested in being part of this group, please let Steve+ know at 363-7376 (voicemail box 5) or [sgodfrey@stgeorgesyorkharbor.org](mailto:sgodfrey@stgeorgesyorkharbor.org).

**Table of Plenty.** St. George's next turn at the Table of Plenty is January 22. We will be serving pulled pork sandwiches, sloppy joes and homemade cakes. The sign-up sheet is up and we are in need of people to prepare food at home and drop it off or arrange for pick up. We, of course, need workers at the meal, set-up people, cooks, servers, dishwashers and clean-up. If you can give a few hours of your time please sign up or call Karen Gilroy 363-3904.

**Life Line Screening will again be at St. George's on Monday, January 28,** 8:30 to 5:00. Stroke/Carotid Artery screening, Abdominal Aortic Aneurysm screening and Peripheral Arterial Disease screening are offered. You can buy 1 or more tests, or get all three as a package (which includes free osteoporosis screening). You MUST pre-register by calling 800-324-1851. Pick up a bright pink flyer in the parish hall. Attention! Lifeline has given St. George's a complimentary certificate for a carotid artery screening, valued at \$45. This will be given to the first person who calls the parish administrator to request it (363-7376, speak to Lorrie or leave her the message that you want the certificate). You must still pre-register and must bring the certificate with you on the day.

**Do you like to cook?** We need your help to boost the emergency meal preparer group that has been so dedicated to the MANY meals that we have delivered in 2007. It can be as easy as preparing a few extra portions when making a casserole, stew or soup and setting aside for someone who could use the extra meals. The meals can be delivered directly to the person in need or by putting them in our freezer at the church for later use (please date and mark what is in the container). If you are interested in doing this very rewarding ministry please call Pauline Cashman at 363-5619 or email at [cside@maine.rr.com](mailto:cside@maine.rr.com).

**Newcomers Reception.** All who have come to St. George's in the last two years are invited to a reception for newcomers on Wednesday, January 30, 6:00-8:00 p.m., at the home of parishioner Marcia Williams in Ogunquit. If you are relatively new to the parish and would like to attend, please RSVP by Tuesday, January 22, to Steve+ at [sgodfrey@stgeorgesyorkharbor.org](mailto:sgodfrey@stgeorgesyorkharbor.org) or 363-7376. Directions to Marcia's home will be provided.

**Spiritual Formation: "Jesus & Joe"** on Sunday mornings at 10:00, January 13, 20 & 27; February 10, 17 & 24; March 9 & 30. We will share coffee and conversation as we walk through our Baptismal Covenant with a variety of fun, interactive activities designed to help us discover our Christian faith in the Anglican/Episcopal context while getting to know one another at the same time. Some of the sessions may include guest speakers to help us flesh out how to be faithful Christians in the world in which we live and work.

**Spiritual Formation: "I Will With God's Help," Anglican Spirituality & the Book of Common Prayer** on Tuesday evenings, 6:30-8:00, January 15 through April 22. This series is a spiritually centering exploration of the Baptismal Covenant during six sessions, with the remaining weeks devoted to learning about Anglican spirituality and the Book of Common Prayer. Prior to the course, participants should purchase a *Book of Common Prayer* (BCP), 1979 Edition, and *The Anglican Vision* by James E. Griffiss (Cowley Publications, 1997).

**Local Concerts.** The congregation is cordially invited to attend the Seacoast Community Chorus concerts on Friday, January 18 at 8:00 p.m. at the First United Methodist Church, Miller Ave, Portsmouth, and on Sunday, January 20 at 3:00 p.m. at York's First Parish Church. The concerts celebrate 15 years with Wendell S. Purrington as musical director. Featured works include Mozart's *Vespere solemnes de confessore* and a medley of songs from *Les Miserables*. The chorus is the only local choral group not to sing a Christmas concert. Singing in the cold mid-winter, makes us mindful that this is a difficult time of the year for those in need. Thus, we are singing the concert in support of the York Food Pantry. Tickets will be available at the door for a requested donation of \$10.00. If you would like more information please contact new parish choir member Barbara Kautz at [jkautz@maine.rr.com](mailto:jkautz@maine.rr.com).

**Ruach Retreat.** Ruach, the Hebrew word for spirit or wind, is used in the Old Testament to talk about God's Holy Spirit. This retreat is named Ruach because it was created with the goal of letting the Holy Spirit guide the weekend. We will explore together themes of spiritual renewal and sustenance and prayerfully consider ways to open ourselves to God's nourishing love. Spiritual disciplines, including various types of prayer and scripture reading, will be presented and practiced as we seek to learn together how God calls us into a deeper relationship. There will be times of small group discussion, prayer, and silence. We will also explore what it means to love ourselves, love God, and love our neighbors.

**What:** Ruach Retreat: A spiritual weekend for young adults in their 20's and 30's; Offered by The Crossing in Boston and the Episcopal Diocese of Maine Young Adult Ministries

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